

THE SPINEROADIAN GAZETTE

FROM THE YOUTH TO THE YOUTH

Issue #1 – 26 Feb 2016

Free-spirited, vibrant, eccentric Spineroadians – THIS ONE IS FOR YOU!

Have you ever sat in Math class and went all “**What do you mean?**”.

P.T got you feeling all **Frozen?** This gazette is made just for YOU.

We focus on the daily issues that affects us Spineroadians...it's absolutely **#relatable**

With a fortnightly fix of amen-worthy news, you will be hitting the mental **like** button in no time!

'Till next time

Regards and love

The Editorial Team



Letter To The Editor

Q: Say no to the skirt/dress! Are they really necessary?

As a girl, have you ever longed for the freedom and nonchalance that guys get from wearing pants? Well, I definitely have and I am more than certain that all my Spineroadian ‘sisters’ can relate.

To say that I am sick of a skirt/dress would be the understatement of the year, and don’t even get me started on how annoyed I get on a windy day. Skirts/dresses are disasters just waiting to happen.

I mean, how are we supposed enjoy our day, when our minds are constantly drowned with questions like: “Is my skirt too short?” “Is my backside showing as I walk up the stairs?” “Is this the day that my ‘unmentionables’ are accidentally exposed for all to see?”

If guys get to wear pants, why shouldn’t we? What happened to equality?

We’re dying here, can’t you see!

#SkirtsSuckTerribly #WindIsMyEnemy

-Alicia Pombal, 10F

SOCIAL RESPONSIBILTY DOING OUR PART



The Water Collection Drive

Each and everyone plays a role in society. We might not realise it, but we do. One of the biggest problems our country is currently facing is the ongoing drought.

Our farmers have been struggling for months to produce enough crops because they are limited on water supply. Some of us turn a blind eye and claim that it isn’t our problem, when in actual fact it’s our biggest one.

It was through this knowledge that Spine Road High decided to launch the Spine Road High water Collection Drive. We are trying to collect bottled water in aid of all the victims of the drought.

It would be highly appreciated if all of us, including you, would please donate bottled water, be it a 500ml or a 4litre bottle! Every drop counts!

#DontWaste #SaveOurWater #PlayYourPart

-Shari-Ann May, 11A



P.T aka PHYSICAL TORTURE!

Ever sat in class, flashed out your timetable and cringed at the sight of P.T being your next period? WE FEEL YOU!

The truth is that even though exercise is beneficial, is it truly beneficial if we don't implement it in our daily lives? Let's face it, a physical assessment (only done twice a term), followed by a quarter gatsby and a Jive is...a dead end road.

We are just slipping into a continuous cycle of unhealthy habits. We won't admit it, but exercising has its benefits, but can only be unlocked if done routinely.

This is more than a physical change...it is a mental one.

#PT #LapRunsForDays #ExerciselsVital

The Blazer – The Mobile Stop Sign Attention and expectations: yay or nay?

Picture this: The Check Blazer, The Formal Blazer, The Boyfriend Blazer...and The Spine Road Blazer!



Aah, every Spineroadian has experienced the spotlight on them at least once in their schooling career whilst wearing THAT blazer.

Sure, the attention is flattering, but the expectations are flattening. Why do people automatically assume that all Spineroadians speak in tongues of science and drink cinnamon and honey tea with pinkie out? Isn't stereotyping a no-no?!

One thing that EVERYONE should keep in mind is that the blazer does not maketh the student.

#DailyStruggle #BeYourself #BeProud

SPINE... ARE THESE OUR VALUES?

Success. Perseverance. Integrity. Nurturing. Excellence.

The principles that govern our school, that we are encouraged to uphold, but the reality remains:

Are these our values?

We are a diverse group of individuals spread far and wide on the population spectrum... how can we possibly have the same value system instilled within us? One word: COMPROMISE. You have to meet in the middle. So if you are a 'leather jacket wearing, shades on when it's dark' type of person with rule-breaking being your middle name, remember:

We represent an institution; we look the part...now we have to act the part. Not saying that you should forget who you are! Think of it as putting on a new you...even if it is just for a little while!

#NewMe #MeetMeHalfway #SPINE

- La'eeqa Martin, 11A

Pressure ≠ Motivation

As teenagers, the pressure to be perfect is DAUNTING. If our likes on our pictures are not being compared to another's, then we are being compared to the next best student. In all honesty, motivation is helpful and all of us like being cheered on. All is well in Motivation-Ville until someone converts it to the weight we all know as PRESSURE.

A simple "you can do better, and you will" is what motivation should really be like. "You must do better than/ be better than..." IS NOT MOTIVATION, it's pressure! Motivation is the fuel in the car, but you can never expect a Uno to out-race a Bugatti. The only person to be better than is the you that you were the day before.

#Motivation #KeepGoing #YouAreDoingGreat

-Zahrah Gamiieldien, 11B

The Editorial Team

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